

FOR OUR PRAYERS:

We remember in prayer each day all those both known and unknown to us who are suffering in mind, body and spirit, for those who have care of them, for all who are living with difficulties and trouble at this time and for all who will enter eternity this week.

Anniversaries for January; 1st Frank Garratt, 2nd Iris Gwynn, Ronald Hughes, 3rd Edward Yuill, 4th Monica Harris, 5th George Bates, 6th Gabriel Quehan, 7th Lucy Newnham, 8th Arthur Moxon, 16th Betty Ward, 23rd John Sullivan, 25th Geoff Wood 29th Stanley Rickard.

Recently deceased—Vera Humphreys, Peter Thornton

Eternal rest grant unto them O Lord, and let light perpetual shine upon them, may they rest in peace and rise in glory. Amen

This week



Monday	20th Jan	20.00	PCC
Wednesday	22nd Jan	11.30	Study Prayer Group
Thursday	23rd Jan	14.00	Open Church
Friday	24th Jan	10.00	Holy Communion
Sunday	26th Jan	10.00	Parish Eucharist
		12.30	Simple Lunch
		14.00	Visit to St Andrew's Walthamstow
		17.30	NO EVENING PRAYER

*We do not take a collection at St. Anne's as we have a Free Will Offering scheme. However if you wish to make a contribution you will find a plate at the back of church. If you would like to join the **Free Will Offering** scheme please speak to Lindsey Archer, Andy Crawford or the churchwardens .*

Peter Thornton RIP Peter Thornton, who many of you will remember from his time at St Anne's, died on Friday 3rd January after a heart attack. There will be a Memorial Service at 2pm on Friday 7th February at St Stephen's, Tivoli, Cheltenham.

MMU Gathering—Our first MMU gathering for 2020 will be next Sunday (26 January) at 2pm at St Andrew's, Church Road, Walthamstow, E17 6AR. This will give us a chance to see St Andrew's and to hear something of the changes which the new Blackhorse Road development will bring. All are invited and afternoon tea will be provided.

Evening Prayer Sunday 26th January—Because of the visit to St Andrew, Walthamstow that afternoon there will be no Evening Prayer at 17:30 next Sunday (26th January).

Rota Feb to April— Those of you who are sidesmen will see that from in March and April we are trying out only having 2 sidesmen on duty. As we now only have 7 sidesmen on the rota we do not have enough to continue with 3. We will monitor how this works and then review the situation.



Parish Church of St. Anne Chingford

Web site: www.stanneE4.org.uk



19th January 2020—2nd Sunday of Epiphany

Welcomers: Velma Davis, Beryl Stratton, Bridget Tongo
Administration: Anthony Sullivan, Rosalind Tatam
Server: Lindsey Archer
Celebrant: Mick Scotchmer
Music: Peter Stannard

280 Hail to the Lord's anointed

PRAYER OF FORGIVENESS

Forgive us, Lord, for remaining in darkness rather than seeking Your light.

Lord, have mercy!

Forgive us, Lord, for our failure to sound the depths of Your presence in other Christian traditions.

Lord, have mercy!

Forgive us, Lord, for past mistakes, mistrust and misdeeds between Christians from different churches and communities.

Lord, have mercy!

Forgive us, Lord, for isolating ourselves and trying to escape God's desires for us.

Lord, have mercy!

Forgive us, Lord, for our lack of faith and for our failure to be people of hope and authentic love.

Lord, have mercy!

Forgive us, Lord, for remaining indifferent, instead of showing hospitality to all, especially strangers and refugees.

Lord, have mercy!

May almighty God, who sent his Son into the world to save sinners, bring you his pardon and peace, now and for ever.

Thanks be to God Amen.

GLORIA See Sheet

FIRST READING Acts 27.18-44

127 Come let us join our cheerful songs

SECOND READING Acts 28.1-10

REFLECTION

73 Bind us together, Lord

PRAYER OF FAITH

St Paul gave encouragement to those on the ship by breaking bread. Let us take encouragement from our common faith, proclaiming words which have resounded in the Church throughout the centuries:

We believe in God the Father, from whom every family in heaven and on earth is named. We believe in God the Son, who lives in our hearts through faith, and fills us with his love.

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**We believe in God the Holy Spirit,
who strengthens us
with power from on high.
We believe in one God;
Father, Son and Holy Spirit.
Amen.**

PRAYERS OF INTERCESSION

We cannot face the storms of life alone. A boat moves forward when all row together. In the face of difficulties we recognise the need to pull together and to unite our efforts.

Let us pray.

Gracious God, strengthen our confidence in Your providence when we feel overwhelmed by the storms of life.

Hear our prayer for Trust.

Gracious God, teach us to fix our course on Christ, the True Light who brings us to safe harbour.

Hear our prayer for Perseverance.

Gracious God, transform our many painful separations into harmony and our mistrust into mutual acceptance.

Hear our prayer for Harmony.

Gracious God, give us the courage to speak the truth with justice in love.

Hear our prayer for Courage.

Gracious God, help us to welcome with unusual kindness our sisters and brothers who are in peril or in need.

Hear our prayer for Unusual Kindness.

Gracious God, change our hearts and the hearts of our Christian communities, that we may be agents of Your healing.

Hear our prayer for Transformation.

Gracious God, open our eyes to see the whole of creation as Your gift, and our hands to share its fruits in generous solidarity.

Hear our prayer for Generosity.

One in Jesus Christ, let us pray together to our true and tender Father in the words He taught us.

**Our Father in heaven,
hallowed be your name.**

**Your Kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins,
as we forgive those who sin against us.**

**Lead us not into temptation,
but deliver us from evil.**

**For the kingdom,
the power and the glory are yours.**

Now and for ever. Amen

SIGN OF PEACE

669 Songs of thankfulness and praise
*The gifts of bread and wine are then
brought to the table*

The Lord is here

His spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is always right to give you thanks, God our Creator, loving and faithful, holy and strong.

You made us and the whole universe, and filled your world with life.

You sent your Son to live among us, Jesus our Saviour, Mary's child.

He suffered on the cross; he died to save us from our sins; he rose in glory from the dead.

You send your Spirit to bring new life to the world, and clothe us with power from on high.

And so we join the angels to celebrate and sing:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna, Hosanna, Hosanna in the
highest.**

**Blessed, Blessed is he who comes in
the name of the Lord.**

Hosanna in the highest.

**Hosanna, Hosanna, Hosanna in the
highest.** *Please sit*

Father, on the night before he died, Jesus shared a meal with his friends.

He took the bread, and thanked you. He broke it, and gave it to them, saying: Take and eat; this is my body, given for you.

Do this to remember me.

After the meal, Jesus took the cup of wine. He thanked you, and gave it to them, saying: Drink this, all of you. This is my blood, the new promise of God's unending love.

Do this to remember me.

Jesus Christ has died.

Jesus Christ has died.

Jesus Christ is risen.

Jesus Christ is risen.

Jesus Christ will come again.

Jesus Christ will come again.

Father, as we bring this bread and wine, and remember his death and resurrection, send your Holy Spirit, that



we who share these gifts may be fed by Christ's body and his blood.

Amen, **Amen**

Pour your Spirit on us that we may love one another, work for the healing of the earth, and share the good news of Jesus, as we wait for his coming in glory.

Amen, **Amen**

For honour and praise belong to you, Father, with Jesus your Son, and the Holy Spirit: one God, for ever and ever. **Amen.**

We break this bread to share in the body of Christ

**Though we are many, we are one body,
because we all share in one bread.**

**Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.**

**Jesus, redeemer of the world, grant us
your Peace.**

These are the gifts of God for the people of God; our Lord is coming to us in bread and wine.

DISTRIBUTION OF HOLY COMMUNION

Silent prayer of thanksgiving then notices

FINAL BLESSING

**Christ the Son of God perfect in you the
image of his glory**

and gladden your hearts with the good news of his kingdom;

and the blessing of God almighty,

the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

Go in peace to love and serve the Lord.

In the name of Christ.

273 Great is thy faithfulness